**BPHES’**

**CSRD Institute of Social Work and Research  
Ahmednagar, Maharashtra**

***Teaching Plan***

* Course summary
* Expanded description
* Teaching methods
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* Class schedule and readings
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***Course Summary***

**Course Number: G-13**

**Course Title: Community Health, Mental Health and Environmental Hygiene**

**Semester & Year: II**I- 2016-17 (MSW Grant in Aid and MSW Non Grant Divisions)

**Instructor: Dr. Shalini Uzagare**

**Course Description:** The course will help to students those have opted G-13in their interactions with other health system and social systems as well as in it will create awareness about the various structural factors working in the health e.g. Government and Non-Governmentfunctionaries while working with setup or system especially for Individual health, Community health, mental health, environmental hygiene andtheir related issues. Through which they would be able to understand the relationship between health and development micro as well as macro level.

**Learner Objectives:**

1. To orient the students to the concepts of health, mental health and disease
2. To provide information about different diseases their symptoms causes, diagnosis, treatment management and prevention
3. To equip students for their role as health educators, enablers and counsellors while dealing with health problems at individual as well as community level at various levels of prevention.
4. To help students understand the relationship between health and development

**Expanded Description:**

This G-13 course will help students to become competent and confident when working as a social work practitioner in the particular opted specialisation. It is no matter which specialisation they have opt may be URCD or FCW

This course is specifically designedfor building of awareness among students and to increase their level of knowledge and skills in particular area so that they shall work in their professional life with more confidently and responsibly while working with an individual, community, families and on their health issues respectively. Students learn this throughreadings of course related material, class room teaching, presentations, documentaries available and short films.

They will learn the basic concept, definition of health, standards and social determinants of health, health indicators so that they would be able to work and analyse in the field ofdevelopment and health. The essential qualities of social worker of the specific area of specialisation required for effective practice shall be made clear to the students through the specialisation course G-13.

Since the course is based on research, the students will become expertise in the process of intervention.

They utilise their gained knowledge and skills where they will observe issues pertaining to health and can plan social interventions in their current field work practice i.e. in Community Organisation.

Through the course students will be familiar with the term health, factors affecting on the health and how ill health effects on an individual, family and community and eventually put burden at globally.

Eventually while working in the field students will able to use acquainted skills and techniques of this course.

**Teaching Methods**

This course will be taught with a combination of teaching methods such as lectures with audio visual aid, group discussion, Individual assignments, and group presentations by students. Also by arranging guest lectures who are experts in the field, library assignments and field based assignment for field exposures.

The course contents will discussed in the class through assigned and independently selected readings, screening of documentaries for their learning about the course.

Students may collect all the power point presentations and some e-resources of the course from the course instructors.

All students are expected to share responsibility for taking up various assignments and participating in discussions.

**Assignments and Evaluation**

The criterion for evaluation of the course is as follows:

***Term End University Examination (External): 50 marks***

* Que. 1. Essay type questions: write any one of the two (15 marks)
* Que. 2. Short essay type questions: attempt any two out of four (2 x 10 = 20 marks)
* Que. 3. Short note: attempt any threeout of six (3 x 5 = 15 marks)

***Internal assessment: 50 marks***

* Mid term internal test (written): 25 marks
* Group assignment – Case Recording & Case Presentation: 15 marks
* Individual assignment: 10 marks

Mid term internal test will be conducted in the second half of the term which gives the students an experience of undergoing external examination. The date of the examination is already given in the academic calendar and is also available on the institute’s website. It checks the theoretical understanding of the students on the course and their ability to present their understanding logically. It also gives the students to familiarise with the term end examination format.

**Individual assignment**

Individual assignment is based on syllabus. General structure of individual assignment is definition of the given topic from syllabus, importance, nature, scope, related areas, objectives, methods, process and concluding remarks.The students need to submit a paper having at least 10 references in APA format.

**Last date for submission of individual assignment in the office: 14 September 2018**

**Group Assignment: presentation**

Presentations are based on the Class room teaching, assignment given to students. Students are required to prepare a scientific paper in a group. With the view to boost the feeling of the peer learning there would a critical discussion will be held at the end of the presentation.

**Groups for group presentation and group assignment:**

In the course total 30 students have choose the specialisation. Total 5 groups will be formed with 6 students in each.

**Last date for submission of group assignment: 12October 2018**

**Class Schedule and Readings**

**Week One: 26 July to 31 July 2018 – Introduction to the course**

* Explain the learners’ objectives
* Explain the course structure and teaching plan
* Introduce the reading materials.
* Explain the internal and external evaluation
* Explain the assignment plan

**Week Two:1 August to 8August 2018 – Unit-1: Concept of Health**

* Concept of Health-Definition, Standards of health
* Concepts clearance- Required scientific terms those are related to

Health and utilise in medical field e.g.Incubation period, virus,

micro-organism, infection, infestation, fomites, host, contact,

disease, rickettsia, bacteria, protozoa etc.

* Individual and Community health
* Factors affecting health

**Week Three: 9 August to 16 August 2018 –Unit-1:Concept of Health**

* Concept of disease, Iceberg of disease
* Classification of disease: Water borne disease, Air borne disease and contaminated food born disease etc.
* Concept of Preventive Medicine

**Week Four: 17 August to 24 August 2018 –Unit-1:Concept of Health**:

* Levels of Prevention
* Disease Control
* Disease Elimination
* Disease Eradication

**Week Five 25 August to 1 September 2018 –Unit-1:Concept of Health**

* Implication of ill health on individual, family and community
* Health Indicators: Type of Health Indicators, Use of Health Indicators

**Week Six 2 September to 9 September 2018 –Unit-1:Concept of Health**

* Concerns Communicable diseases, Causes, Symptoms
* Treatment and Prevention of diseases

**Week Seven: 10 September to 17 September 2018 - Unit-2**: **Concept of Public Health**

* Epidemic Diseases: Hepatitis A, Malaria, Dengue, Chikengunia
* Endemic Diseases: Tuberculosis, Leprosy, STI,Typhoid, HIV-AIDS

**Week Eight: 18 September to 25 September 2018 - Unit-2**: **Concept of Public Health**

* Sporadic disease: Rabies
* Genetic disabilities

**Week Nine: 26 September to 3 October 2018 - Unit-2**: Concept of **Health**

* Maternal Health, Adolescent girl’s health,
* High Risk Mothers
* Anaemia, Early age of Marriage,
* mortality

**Week Ten: 4 October to 11 October 2018 -Unit-3: Reproductive Health and Child Health 1997, 2006**

* ANC, PNC
* Safe Motherhood
* Care of Neonates, Immunisation
* Contraception
* Male Responsibility

**Week Eleven: 12 October to 19 October 2018 -Unit-3: Reproductive Health and Child Health 1997, 2006**

* Safe Abortion
* Disease of Childhood:

a) Bacterial: Dysentery, Tetanus, Diphtheria, Diarrhoeas

b) Viral: Measles, Mumps, Chicken Pox, Rubella, Polio

**Week Twelve: 20 October to 27 October 2018 -Unit-3: Reproductive Health and Child Health 1997, 2006**

* Malnutrition, Concept of Nutrition,
* Social Aspects of nutrition
* Deficiency diseases

**Week Thirteen: 28 October to 4 November 2018 -Unit-3: Reproductive Health and Child Health 1997, 2006**

* Tuberculosis
* Leprosy
* STI
* HIV/AIDS
* Malaria, Diarrhoea Control
* Cancer Control

**Week Fourteen: 5 November to 12 November 2018 - Unit-4**: Public Health Programmes

* Control of Blindness
* Family Planning Programme
* NMHP

**Week Fifteen: 13 November to 20 November 2018– Unit-5**: Health Care Machinery

* Central, State,District-Linkages between Health
* National Rural Health Mission (NRHM) Schemes under NRHM
* National Urban Health Mission (NUHM)
* Safe Drinking Water and Sanitation as a public health concerns
* Health Education

**From 20 November 2018:**

* Feedback on internal test
* Class room assignment for revision
* Group discussion and group presentation on important topics
* Discussion on previous question papers and orientation for term end examination
* Course feedback (evaluation of the teachers by the students)

***Readings:***

**Required texts:**

Yash Pal Bedi(1979) Social and Preventive Medicine

Park J.E., Park,K(1977) Preventive and Social Medicine

Park,K.: Textbook of Preventive and Social Medicine

VHAI-Voluntary Health Asso. Of India 1992 State of India’s Health

**Other readings:**

Health Action (Monthly subscription)

Ram Ahuja (1997) Social Problem in India

Kumar R (1992)Social and Preventive Administration

WHO(1988) AIDS, Management Prevention & Control

Mohammad Akram (2014) Maternal Health in India

MadhuNagla (2014) Gender and Health

**Required to visit websites of:**

**NFHS**

**WHO**

**UNICEF**

**UNAIDS**

**Ministry of Family and Child Welfare**

**FPI**

**NACCO**