

पुणे विद्यापीठ

सर्वोत्कृष्टतेचा स्रोत असलेले विद्यापीठ
विद्यार्थी कल्याण मंडळ

डॉ. पंडीत एन. शेळके

एम.एस.सी., पी.एच.डी.

संचालक, विद्यार्थी कल्याण मंडळ

संदर्भ क्र. विकम/२०१३-१४/१८९

दिनांक : २६.०७.२०१३.

प्रति,

मा. संचालक,

बी. पी. एच. ई. सोसायटीचे,

सेंटर फॉर स्टडीज इन रूरल डेव्हलपमेंट इन्स्टिट्यूट ऑफ सोशल वर्क

अॅण्ड रिसर्च, स्टेशन रोड, जि. अहमदनगर

विषय : 'विद्यार्थीनी व्यक्तिमत्व विकास' योजना मान्यतेबाबत...

महोदय/महोदया,

आपणांस कळविण्यास आनंद वाटतो की, शैक्षणिक वर्ष २०१३-१४ या वर्षासाठी 'विद्यार्थीनी व्यक्तिमत्व विकास' योजना राबविण्याबाबत विद्यापीठास आपण पाठविलेला प्रस्ताव नियमानुसार मान्य करण्यात येत आहे.

या संदर्भात आपणांस कळविण्यात येते की, सदर योजनेसंबंधीची मार्गदर्शिका आपणांस माहितीसाठी पाठवित आहोत. सदर मार्गदर्शिकेतील सर्व नियम व अटीचे पालन करून वरील योजना आपल्या संस्थेत राबवावी. मार्गदर्शिकेत नमूद नसलेल्या कोणत्याही बाबींसंबंधी झालेल्या कार्यवाहीचा विचार केला जाणार नाही. सदर योजना राबविण्यासाठी पुणे विद्यापीठ विद्यार्थी कल्याण मंडळाकडून जास्तीत जास्त रु. १०,०००/- पर्यंतच अर्थसहाय्य मिळेल, याची नोंद घ्यावी, ही विनंती.

कळावे,

आपला,

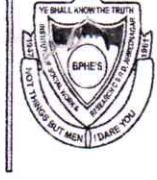
संचालक,

विद्यार्थी कल्याण मंडळ

visit us at www.unipune.ac.in for details.

विद्यार्थी कल्याण मंडळ, पुणे विद्यापीठ, गणेश खिंड, पुणे - ४११ ००७.

☎ ०२० - २५६०११५४ फॅक्स : ०२० - २५६०११५४ मोबाईल : ९८५०१७६५७५



Dr. Suresh Pathare

Director

Ref: CSRD/SWC/A/c/11/

Dt. 15-03-2012

Since 1961

To,
The Director
Student Welfare Board
University of Pune
Pune-7.

Subject : Submission of Statement of Expenditure of Personality Development Scheme
2013-14

Sir,

Please find herewith the statement of expenditure of Personality Development Scheme for the year 2013-14 along with the necessary documents duly completed. The statement of expenditure may please to be granted and the balance grant of Rs. 11,630 /- (Rs. Eleven Thousand Six hundred and Thirty only) may please be send as early as possible.

Thanking you,

Sincerely yours

J. D. Divalekar
Students Welfare Officer
CSRD-ISWR

[Signature]
Acting Director
CSRD-ISWR

Sr. No.	Name of Students	Signature
1	Bhingardive Dipeeka Laxman	Absent
2	Birajdar Ashwini Prakash	<i>Ashwini</i>
3	Carolyn Kamson	Carolyn's
4	Dahivale Kiran Devidas	Kab
5	Dhiwar Sonam Suresh	<i>Sonam</i>
6	Fernandes Divina Benadita	Ades
7	Gadekar Ashwini Sitaram	<i>Ashwini</i>
8	Jadhav Tejashri Balasaheb	<i>Tejashri</i>
9	Jagtap Swati Raghunath	<i>Swati</i>
10	Juliet Kamson	<i>Juliet</i>
11	Kamble Preeti Pradip	<i>Preeti</i>
12	Kaygude Rani Gopinath	<i>Rani</i>
13	Kolhe Manisha Petras	<i>Manisha</i>
14	Lovely Sumi	<i>Sumi</i>
15	Mane Asmita Ashok	<i>Asmita</i>
16	Patil Priyanka Bhimrao	<i>Priyanka</i>
17	Prabhune Sheetal Magan	<i>Sheetal</i>
18	Rima Sengupta	<i>Rima</i>
19	Ruparani Das	<i>Ruparani</i>
20	Salve Madhuri Balasaheb	<i>Madhuri</i>
21	Sangle Jyoti Machindranath	Absent
22	Satdive Varsha Yohan	<i>Varsha</i>
23	Tondre Vaishali Anandrao	<i>Vaishali</i>
24	Vahadane Kalpana Narayan	<i>Kalpana</i>
25	Waghmare Shobha Vijay	<i>Shobha</i>
26	Zaware Jui Shantaram	<i>Jui</i>
27	Dagade Mukta Hiranman	<i>Mukta</i>
28	Bhingardive Pallavi Rajendra	<i>Pallavi</i>
29	Bhosale Sandhya Bhanudas	<i>Sandhya</i>
30	Christie Jose	<i>Christie</i>
31	D. M. B. B.	<i>D. M. B.</i>

35	Romi Uchoi	Roll
36	Shaikh Karishma Akbar	Absent
37	Tribhuvan Archana Laxman	Tribhuvan
38	Zarekar Rekha Subhash	Zarekar
39	Deborah Lalsiemting	Deborah
40	Khandagale Savita Baban	SBT
41	Kshirsagar Shital Bhausaheb	Kshirsagar SB
42	More Sunita Gorakh	More S
43	Nale Monali Dnyandev	Nale
44	Nalini Juvanu Gomes	NJ
45	Pandit Priya Suresh	Pandit P
46	Salave Trupti Vinayak	Salave
47	Sonawane Jyoti Baban	Sonawane
48	Sonawane Vijaya Suresh	Sonawane
49	Supriya Darshani Lima	Supriya
50	Tekude Arti Shashikant	
51	Wasnik Pratiksha Kewalram	Wasnik
52	A. Mercy Kitan	Mercy
53	Adhav Sujaya Sanjay	Adhav
54	Bapardekar Dipti Pralhad	Bapardekar
55	Kasar Rekha Anna	Kasar
56	Mirpagar Poonam Ragendera	Mirpagar
57	Yadav Varsha Sanjay	YV
58	Zankar Archana Mukund	Zankar
59	Chikane Rekha Dattatray	Chikane
60	Shaikh Tanjila Taslim	Shaikh T.T.

S. J. Divelkar.

विद्यार्थी कल्याण अधिकारी
विद्यार्थी कल्याण युनिट
सीएसआरडी-आयएसडब्ल्यूआर
अहमदनगर



Director
BPHE Society's
Centre for Studies in Rural Development
Institute of Social Work & Research
Station Rd., Ahmednagar-414001



**BPHE Society's
Centre for Studies in Rural Development
Institute of Social Work and Research
Ahmednagar**

Voucher No. :

Date : 3 12 2019

Rs. 7150/-

PAYMENT VOUCHER

Paid to Director GRD-ISWR Revd. Mr. A.C.

Rupees seven thousand one hundred fifty only

On a account of Being amount paid for tea & refreshment and lunch bill No. 169

PAID BY CHEQUE	ACCOUNT HEAD :	AMOUNT	
		Rs.	Ps.
Bank A/c No. <u>/</u>		7150/-	
Cheque No. <u>/</u>		/	
Date : <u>/</u>			
TOTAL RS.		7150/-	

Prepared by	Verified by	Passed by	Authorised for payment	Received by Cash / Cheque	
	<u>[Signature]</u> Accounts	Office Superintendent	<u>[Signature]</u> Director	Secretary	<input type="checkbox"/> Receiver's Signature



BPHS Society's
Centre for Studies in Rural Development
Institute of Social Work & Research

Station Road, Ahmednagar

Ph: 0241-2346328, 2326157, Fax: 0241-2323157

Email: csrd.iswr@gmail.com, Website: www.csrd.edu.in

Bill/Cash Memo

No.: 169

Date: 3-2-14

M/s./Mr./Mrs. *Director CSRD/ISWR*
..... *Ahmednagar*

Particulars	Rate	Qty/ Days	Total
Sharing Resources			
Auditorium			
Seminar Hall/Conference Room			
LCD/OHP Projector			
Laptop/P.C:			
P.A. System			
Guest House			
Accommodation			
Breakfast			
Lunch			
Dinner			
Tea			
Others			

Rupees: *Seven thousand* 71/-



**B.P.H.E. Society's
Centre for Studies in Rural Development
Institute of Social Work and Research
Ahmednagar**

Voucher No.: 1

2-2-2014

PAYMENT VOUCHER

Rs. 1000/-

Paid to Ms. Monalisha Phukan Ray

Rupees One Thousand only

On a account of Honorarium paid during the Personality Development workshop for girls on 2-2-2014.

PAID BY CHEQUE		ACCOUNT HEAD :		AMOUNT	
Prepared by	Verified by	Passed by	Authorised for payment	Rs.	Ps.
				1000	00
Bank A/c No.					
Cheque No.					
Date :					
			TOTAL RS.	1000	00
				Received by Cash / Cheque	
Accounts		Office Superintendent	Director	Secretary	
				Receiver's Signature	



B.P.H.E. Society's
Centre for Studies in Rural Development
Institute of Social Work and Research
Ahmednagar

Rs. 1000/- **PAYMENT VOUCHER**

Paid to Sr. Manisha Kolhe

Rupees One Thousand only

On a account of Honorarium paid during Personality Developn
for Girls on 2-2-2014

PAID BY CHEQUE		ACCOUNT HEAD :		
Bank A/c No.		Honorarium paid for lecture on		
Cheque No.		'Personal Hygiene' on 2-2-2014		
Date :				
		TOTAL RS		
Prepared by	Varified by	Passed by	Authorised for payment	
	Accounts	Office Superintendent	Director	Secretary



BPHE Society's
Centre for Studies in Rural Development
Institute of Social Work and Research
Ahmednagar

V
D

Rs. 500/-

PAYMENT VOUCHER

Paid to Mr. Sunil Mehity

Rupees Five hundred only

On a account of Being amount paid for special of personality Development for girls

PAID BY CHEQUE

Bank A/c No.

Cheque No. cash

Date :

ACCOUNT HEAD :

Honorarium exp

TOTAL RS.

Prepared by

Verified by

Passed by

Authorised for payment

Accounts

Office
Superintendent

Director

Secretary

२/२/१४

बुके - ५ - ४००/-

Jeevan

No. 26

दिनांक १/०२/२०१४

१) कप - ५ बॉक्स - ६००/-

२) लोटे, वाया - २४०/-

३) चार्ट पेपर, पेन, मार्कर - ११०/-

४) स्केच पेन - १३०/-

१०६०/-



सद्गुरुकृपा एन्टरप्रायजेस

Palvi
प्रोप्रा-श्रीकांत रत्नपारखी

BPHEs- CSRD-Institute of Social Work and Research, Ahmednagar

Student's Welfare Board University of Pune, Pune Supported

One Day Personality Development Workshop for Girls Students

Attendance Sheet for Resource Person

Date: 02nd Feb. 2014

Sr. No.	Name of Resource Person	Topic	Time	Signature
1	Ms. Monalisha Ray.	Personality Development-	9.15 to 11.00 a.m	rup
2	Sr. Manisha Kolhe.	Personal Hygiene.	11.15am to 1.00 p.m	mkolhe
3	Mr. Sunil Mohite	Self - Defense	2.00 p.m to	
4	Ms. Pooana Vidhale	Self - Defense	5.00 p.m	Pratik

SSP Director

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विद्यार्थी कल्याण युनिट
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अहमदनगर



Director
BPHE Society's
Centre for Studies in Rural Development
Institute of Social Work & Research
Station Rd., Ahmednagar-414001

BPHE'S CENTRE FOR STUDIES IN RURAL DEVELOPMENT- INSTITUTE OF SOCIAL
WORK AND RESEARCH, AHMEDNAGAR

Report on one day workshop on Personality Development for girl students

Introductions

On 02/02/14 Sunday, One day personality development workshop was organized for the girl students of CSRD-ISWR, Ahmednagar by Student Welfare Council. The main objective of this workshop was to empower girl students and to encourage them to show their hidden talents. On this programme Mrs. Saro Abraham was invited as the chief guest. The duration of the programme was from 9am-5pm. The inauguration ceremony began at 9am.



Personality Development for Girls

After the inaugural ceremony there was a special lecture on personality development for the girls by Miss Monalisha Ray. On this lecture madam specially focused on the competitive world and also how female can take part equally in every sector. It was a good encouragement for the girls and also to understand their competency. In this programme Miss Monalisha talked about 7 keys to success. This was really a good motivation for the students. After the lecture there was a tea break from 11am-11:15am.



PERSONAL DEVELOPMENT AND PERSONAL HYGIENE

The personal development and personal hygiene session began at 11:15am by Miss Manisha. Miss Manisha talked on the following topic-



HEALTH & PERSONAL HYGIENE

● INTRODUCTION:-

Personal hygiene is something that comes very naturally to every individual. Just at their way of maintaining the hygiene levels is different. Our personal hygiene is more important than other things in our life. It doesn't take much to attain good hygiene, although some people can't seem to manage it. Bathing, brushing teeth, using deodorant and, generally, taking care of our body on a regular basis.

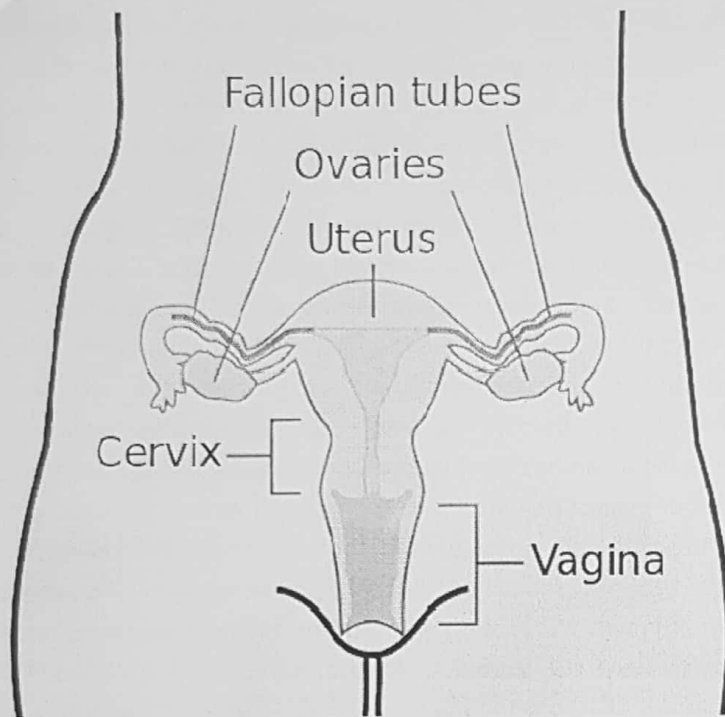
CLEANLINESS OF BODY

Following cleanliness process and its importance was explained:-

- Teeth and mouth wash
- Hands and feet
- Hair
- Ear, Nose, Eyes
- Genital part

ANATOMY OF FEMALE REPRODUCTIVE SYSTEM





The above mention anatomy of a female organ was shown and explained to them regarding how the menstruation takes place and how the reproductive system is existing in our body. The pain that women suffer which is normal and should continue small activities during period unless one feels very tired and can't bear the pain. There were many other questions regarding this topic were answered and made their ideas clear. Though the topic was sensitive but it was a good interaction because all were girls. Many of them did not know about this system.

Report on self-defense workshop



The student welfare council organized Self- defense workshop for all the girl students in the institute. All the girl students assembled in the auditorium along with Prof. Snehal Divekar, Student welfare officer, Prof. Patil and Ms. Monalisha Phukan. Girl students from both MSW-I and MSW-II were present. Mr. Sunil, from childline, was invited as the guest lecturer. Mr. Sunil has been



conducting many self-defense workshops for youths and childline across Ahmednagar. Firstly, Prof. Divekar, addressed the students and explained to them the importance of the self-defense and the need to learn the self-defense technique. This was followed by the Prof. Patil, who talked about the changing scenario in the country and the increasing crime rates and the need for self-defense for individuals. After the faculty addressed the students, the session was handed over to Mr. Sunil, who first presented a slideshow where he explained the importance of Self-defense. He also explained to the girl students about rising crime rate against females in the country and how individuals should take precaution for escaping such incidents. This was followed by the discussion on situations where an individual cannot avoid such incidents and have to resort to self-defense. The workshop was divided into two parts- theory and practical. First Mr. Sunil explained to the student theoretical part of self-defense which was soon followed by practical sessions in the form of demonstration. Mr. Sunil was accompanied by Ms. Prerana Vidhate. Both of them demonstrated various defense actions, including various predicable attacking modes. The defense technique included defense if attacked from front, behind, side, while sitting or casually walking in any public place. The students made pairs and tried out the actions. The instructor simplified many actions and the students were really benefitted from this session. The main theme of the whole workshop was 'be alert'. The workshop lasted for more than 3hours. Ms. Madhuri gave the vote of thanks. The workshop ended at 17.30hrs.

S. S. Divekar

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